

Spa

To book your treatment:

Molly: 078 828 6841 / 071 882 9687

Website: www.hooglandspa.co.za

E-mail: relax@hooglandspa.co.za

*A holiday is a time to rest and unwind and forget about the world you've left behind.
Make your holiday even more perfect with some much need Hoogland Spa Treatments.*

Massages

Rolling Sands Full Body Massage 60 min • R 420

Rolling Sands Full Body Massage 90 min • R 595

Khoi-Khoi Back, Neck & Shoulder 30 min • R 260

Khoi-Khoi Back, Neck & Shoulder 45 min • R 385

Hot stone top up R 60

Indian head massage 25 minutes • R 220

Hands and Feet

Foot Massage • 30 min • R 200

Leg Massage • 30 min • R 220

Hand treatment • 30 min • R 180

Kalahari foot treatment • 40 min • R 240

Spa manicure • 40 min • R 220

Spa pedicure • 40 min • R 250

Facial Therapy & Waxing

Basic Facial • 20 minutes • R 150

Honey bush facial • 45 min • R 280

Revitalizing facial • 60 min • R 400

Baobab firming facial • 60 min • R 350

Eyebrow shape • 15 min • R 60

Brow tint • 10 min • R 50

Couples Treatment Packages

Blissful (90min) R1200 per couple

Full body exfoliation with indian head massage followed by an express full body massage.

Rejuvenated Retreat (80min) R1000 per couple

Facial, Indian head massage ending off with a back, neck and shoulder massage.

Escape the world (95min) R1100 per couple

Full body massage and pedicure.

Body Therapy

Kalahari Cocoon Wrap

Botanical clay mask used to detoxify, decongest & deep cleanse the body inside & out. Complete the journey with a full body massage.

90 min • R 690

Desert Glow (Full body exfoliation)

Buff away dry dull skin to reveal your unique desert glow.

45 min • R 280

Spa experience packages

Breath-taking • 120 min • R 780

Welcome drink, relaxing full body massage, hydrating facial and Indian head massage.

Body Bliss • 120 min • R 900

Welcome drink, body exfoliation, body wrap, and ended off with a full body massage.

Spiritual awakening • 120 min • R 650

Hydrating pedicure, hydrating facial and Indian head massage.

More For Less

Absolute body pause

Relaxing body massage with a basic facial and scrub 90 min • R 600

Back to Basics

Relaxing back massage, basic facial and scalp massage 70 min • R 400

Calabash Massage

An ancient African massage using various sizes of calabashes working your back, neck and shoulders. 30 min • R 280

Kiddies Menu

Fairy Tale (45 min) R300

Back, neck and shoulder massage with a pedicure.

Awesome colors (40 min) R360

Manicure and pedicure

Cutest Face (25 min) R150

Facial

